

# Parkview Terrace Resident Newsletter

August, 2018



## NATIONAL NIGHT OUT

**AUGUST 7, 2018 | TUESDAY**

**4:00 PM—7:00 PM**

**ALTON BAKER PARK IN EUGENE**

Homes for Good will host their first annual National Night Out celebration on August 7th from 4-7pm in partnership with our residents, participants, staff and community partners. This is a FREE event and will be held in the picnic shelters at Alton Baker Park and will include food, games, music, and information from community agencies such as Eugene Police, NEDCO, Food for Lane County, PeaceHealth Rides, WorkSource Lane, Eugene Ems and more! All Homes for Good residents and participants are invited to join for a fun evening to celebrate community connections!

*Contact Resident Services at (541) 682-2508 for more information, to reserve a free LTD day pass to get to the event, or to sign up to volunteer!*

**BBQ and Snow Cones**

**Raffle and prizes!**

**Resource Fair**

**Yard games and kids activities**

**Visit From Police and Fire**

**Food, Family and Fun!**



**Visit From Sluggo!**






**Face painting**



### What's Inside?

- RAB Resident Recruit
- Rent Well Classes!!
- Who do you call?
- Prescription Drop Offs
- Summer Meal Idea
- Summer Celebration

# August 2018 at Parkview

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Extra Helpings Program 3:00 	3	4
5	6	7 Road to Wellness in Rec Room 1-5pm	8	9 Extra Helpings Program 3:00 	10	11 People First 10-noon
12	13	14 Road to Wellness in Rec Room 1-5pm	15 Senior Grocery 2:30pm	16 Extra Helpings Program 3:00 	17	18 Summer Celebration Group photo 5:30 Dinner 6:00
19	20	21 Res. Mtg 2:00/ Road to Wellness in Rec Room 3-5pm	22	23 Extra Helpings Program 3:00 	24	25
26	27	28 -Road to Wellness in Rec Room 1- 5pm	29	30 Extra Helpings Program 3:00 		

**Parkview Terrace  
Resident Meeting Minutes  
July 17, 2018**

**Introductions**

**Smoke Alarms-** a resident asked about the smoke alarms. Some have not yet been installed by the Red Cross. Ron the PM stated that they will be installed and replaced as needed.

**Community Room Rules Flyer-**Gloria confirmed about the flyer, and there were no concerns.

**Resident Services-** An announcement about National Night Out happening at Alton Baker Park on Tuesday, August 7<sup>th</sup> from 4-7pm, a FREE event for all Homes for Good residents. Come out and have some fun!

**Maintenance-** Michael requested to tune the piano. Cost is \$175. Residents voted to spend the money from the Resident Fund for this cost.

**Health Navigators-** Jade will be back in August and will take part in helping with the Summer Celebration.

**Treasurer-** June was a slow activity month for the bank account.

**Extra Helpings-** Extra Helpings will be starting to help the shut in residents now that things are moving along with the new coordinator.

**Senior Grocery-** Volunteers needed. Frankie will be phasing out of her involvement with Senior Grocery over the next couple of months. Doug will be running Senior Grocery as well as coordinating Extra Helpings.

**Garden Club-** There are 3 plots available in the garden. Contact Sherlyn for more information.

**Suggestion Box-** Leaf blowers are very loud. How can we lower the noise pollution? Response from maintenance was that there is nothing residents can do but close their windows and the workers have to use the leaf blowers.

**Cage for Garbage-**The cage for the garbage is not going to happen any time soon according to PM Ron. It would be a permanent structure and everyone would need a key and it gets more complicated this way and is just not feasible at this time.

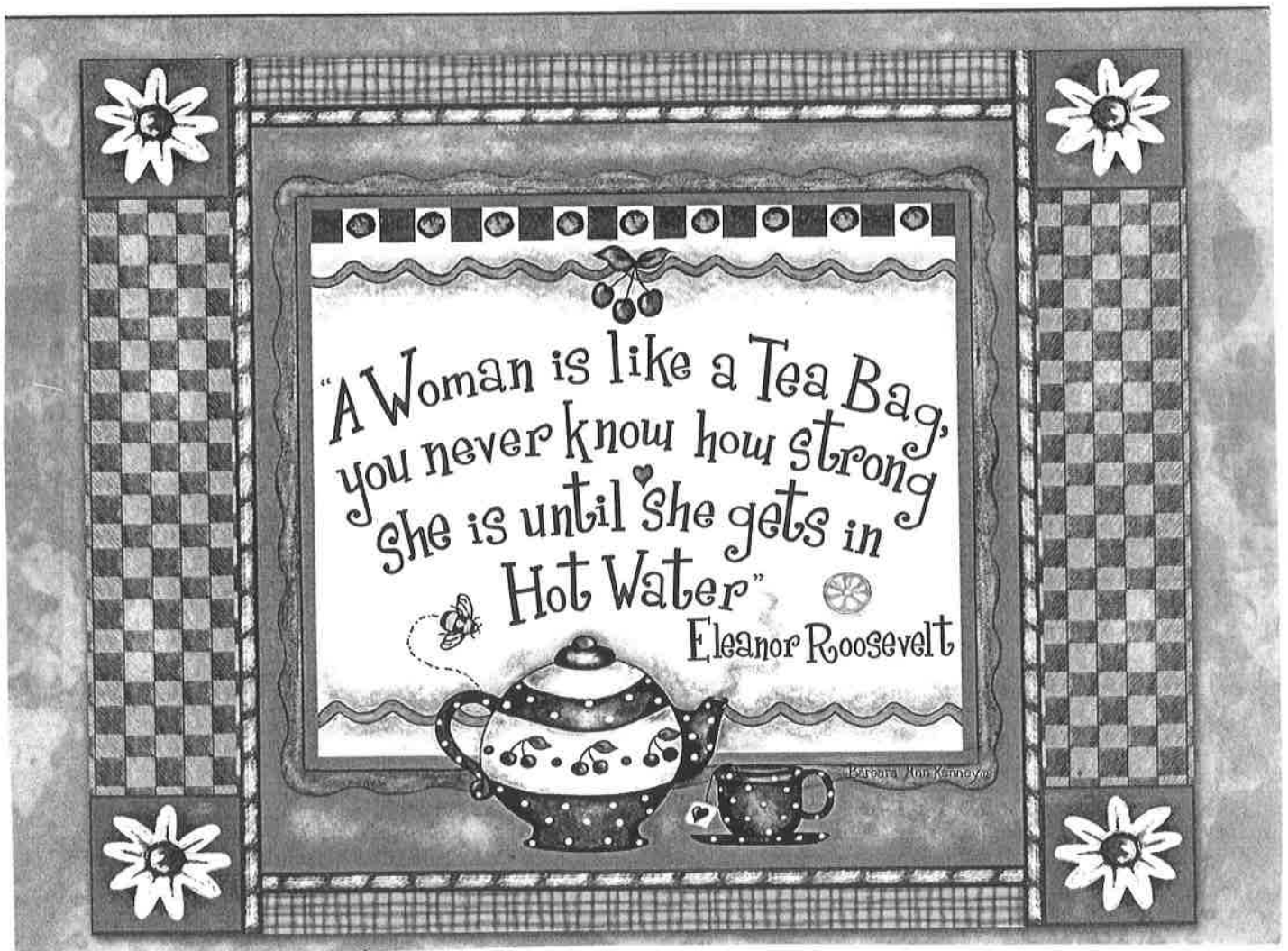
**Duck Parking-**Parkview is invited to participate with the Duck Parking to increase Resident Fund Money. Please inquire with Resident Services.

**Indoor Plants-** Sherlyn needs help watering plants and Sheryl said she will help keep plants watered.

**Summer Celebration-** Flyer is updated and sign up swill be happening at the end of July and first Saturday in August.

**Resident Advisory Board Report-** No Report. RAB is doing a retreat and there will be an update in August.

**Action Items:**  
None



# Resident Banking Information

May 2018 ending bank balance

= \$ 3,491.05

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## June 2018

Banking activity

1 Check - = \$ 39.97

photo supplies summer celebration

1 Bank Debit - = \$ 5.00

service charge

June 2018 ending bank balance

= \$ 3,446.08

\*\*\*\*\*

Summer Celebration volunteers are needed  
Please help make it a success!



"The Happiness Of Your Life Depends On The Quality Of Your Thoughts." -  
Marcus Aurelius

## Summer Celebration on Saturday August 18th!

**Group Photo at 5:30**

**Dinner at 6pm**

**Festivities After!**

***Come out and have some fun!***

*Last day to sign up for a meal is Saturday, August 4th in the Rec Room.  
See flyers around building for more detail.*

## Resident Meeting

**TUESDAY,  
August 21st**

**2:00 pm**

**COMMUNITY ROOM**

Come on down and see what's  
happening in YOUR community!!  
*You could win one of 3 gift cards!!*



***Happy Birthday to you,  
Happy Birthday toooooo  
yooooooooou!.....***

***And Many More!***

# News from Homes for Good

## Website Pro Tips!

Did you know that you can find common forms, policies and even videos in the Resident Toolkit area of our new website at

[www.homesforgood.org](http://www.homesforgood.org)?

We are adding new forms, policies and videos all the time. Check out our newest videos on caring for your Ductless Heat Pump (DHP) and everything you need to know about Work Orders.



### Resident Services

Welcome Homes for Good Residents! We strive to provide you with excellent customer service. This section of our webpage includes information regarding Resident Services and Programs offered to our residents like Family Self-Sufficiency, common forms, Maintenance Information and additional information for residents renting directly from Homes For Good. In this section of the website you will also find contact information for our Property Management, a link to create a Work Order Request, Permission Forms, Newsletters, Informational Videos and answers to frequently asked questions.

Homes for Good serves several types of residents, including:

- Residents who rent and pay rent directly to Homes For Good (Public Housing properties, Multi-Family Housing properties and the Firwood Apartments)
- Section 8 Residents who rent from and pay rent to a private landlord
- Residents of properties managed by a third-party property management company



### Resident Tips and Videos

Below you will find videos and helpful tips to make your life easier while living in a Homes for Good property.



## Resident Advisory Board (RAB) Seeking Leaders

The primary role of a RAB member is to be a conduit of information between residents and Homes for Good staff. RAB members meet 10 times a year to learn and share about changes in policies, updates of the Agency Plan, staff changes, grant proposals being submitted, and general news. Guest speakers from the agency and community are often in attendance too.

*Attendance at RAB meetings can count towards any required Community Service hours, and is a great addition to your school or work resume!*

**If you have further questions, or would like to know how you could become a RAB member, please contact Wakan Alferes at 541-682-2508.**



## Rent Well Tenant Education Workshop

### Try it out to learn more!

Rent Well Mini Workshop  
September 20th 5:30-7:30pm

### Rent Well Full Series

Oct 16th—Nov 20th  
Tuesdays 5:30-7:30pm

Rent Well is a 15-hour tenant education curriculum taught by certified instructors covering key information and skills for becoming a responsible, successful and stable tenant!



During this class, participants will learn:

- To identify potential screening barriers
- Create individualized plan for stable housing
- Build a household budget that makes rent a priority
- Communicate effectively with neighbors and landlords
- Review and understand rental agreements
- Understand the eviction process and how to avoid it
- Maintain a clean, safe and healthy home

Sign up by calling Frankie at (541) 682-2538



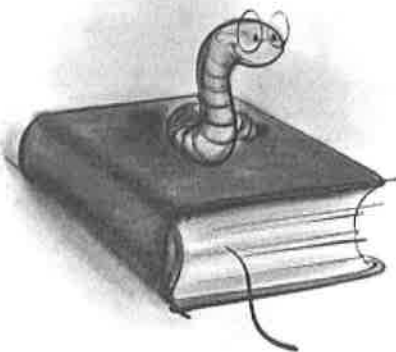


## Do you know who to call when you have a question or concern?

*Below you'll find a quick chart to help you reach the right person the first time.*

Who to contact	Things they can help with or when to contact them
Property Manager	<ul style="list-style-type: none"> <li>• Lease questions</li> <li>• Neighbor concerns</li> <li>• Lease violation concerns</li> <li>• Questions about your home or housing complex</li> <li>• Turn in keys</li> <li>• Giving a 30 day notice to vacate</li> <li>• Notification you'll be gone from your home for 7 days or more</li> </ul>
Assistant Property Manager	<ul style="list-style-type: none"> <li>• Recertification questions</li> <li>• Reporting changes in income</li> <li>• Rent</li> <li>• Promissory Note balances</li> </ul>
Fairview Office Reception (541-682-4090)	<ul style="list-style-type: none"> <li>• Emergency Work Orders ONLY Mon-Friday between 8 am and 4:30 pm</li> </ul>
Work Order Line (541-682-4010)	<ul style="list-style-type: none"> <li>• Submitting a work order for items in your home that need fixed</li> <li>• Remember you can submit a work order on line as well at: <a href="http://www.homesforgood.org">www.homesforgood.org</a></li> </ul>
After Hours Emergency Line (541-6359-8874)	<ul style="list-style-type: none"> <li>• Emergency Work Orders, lock outs or other emergencies in your home or at your housing complex after business hours, weekends or holidays.</li> </ul>
Resident Assistants (RA) & Floor Greeters (formerly called Resident Aides)	<ul style="list-style-type: none"> <li>• RA's and Greeters are volunteers on your property, they may be able to share information about your property such as; laundry room hours, how to use the community room, when activities are planned. You should not contact a volunteer regarding any specific housing related information or needs. If in doubt contract your Property Manager</li> </ul>

## OPPORTUNITIES:



### BACK TO SCHOOL DRIVE:

For information on how to be a recipient of the St Vincent De Paul School Supply Drive Call:

Springfield and Eugene -541-689-6747.

## LANE COUNTY STAND DOWN

*PROVIDING OUR VETERANS A HAND UP NOT A HAND OUT*

FRIDAY, OCTOBER 5TH AT LANE COUNTY FAIRGROUNDS

796 West 13th Ave, Eugene

6:30 am Check In

7:30 am Breakfast

11:30am Lunch

1:00pm DOD Gear

Services include limited medical services, eye exams and screening, hearing tests, dental and denture services, two hot meals, haircuts, women's areas, legal advice and aid, family services, DOD Gear and JOB FAIR!!



## COOK'S CORNER: TUNA MELTS WITH AVOCADO

**Prep Time:** 11 minutes

**Yield:** 4 Servings

### Ingredients:

- 2 1/2 tablespoons olive oil
- 2 tablespoons thinly sliced shallots
- 1 tablespoon Dijon mustard
- 1/4 teaspoon black pepper
- 1/8 teaspoon salt
- 1 (6-ounce) can solid white tuna in water, drained and flaked
- 1 1/2 tablespoons fresh lemon juice
- 1 avocado
- 1 cup cherry tomatoes, quartered
- 1/3 cup shredded Swiss cheese
- 2 (6-ounce) pieces French bread, halved lengthwise and toasted



### How to Make It:

#### Step 1

Preheat broiler to high.

#### Step 2

Combine first 6 ingredients in a medium bowl, stirring well to coat. Place juice in a small bowl. Peel, seed, and chop avocado. Add avocado to juice; toss. Add avocado mixture and tomatoes to tuna mixture; toss well to combine. Sprinkle cheese evenly over cut sides of bread, and broil for 3 minutes or until cheese is bubbly. Place 1 bread slice, cheese side up, on each of 4 plates, and divide tuna mixture evenly among bread slices.

#### Step 3

**Sustainable Choice:** Solid white tuna is albacore, the most sustainable choice among varieties of tuna.

### CHEAP TRICK OF THE MONTH

#### Clean Out Those Closets.



Go through your closets and find anything and everything you no longer use. Then, don't just get rid of it, *use it to your benefit!* You can have a yard sale with it, sell it on eBay or Craigslist, take it to a consignment shop, or even donate it for the tax deduction. All of these options can turn old stuff you don't want anymore into money in your pocket. Not only that, it's a load off your mind!





# **PRESCRIPTION DRUG DROP BOXES IN LANE COUNTY**

Dispose of your outdated and unused prescription  
& over-the-counter medications.

## **Why use the Drug Take Back Box?**

### **KEEP OUR WATERWAYS CLEAN!**

Oregon Department of Environmental Quality sampling has found trace amounts of pharmaceuticals in some Oregon streams and rivers, and even groundwater. Do NOT flush unwanted medications down the toilet. This leads to the wastewater treatment plant, and eventually, our waterways.

### **REDUCE PRESCRIPTION DRUG ABUSE, ESPECIALLY AMONG KIDS & TEENS.**

More teens abuse prescription drugs than cocaine, heroin, or methamphetamine combined. Teens say prescription drugs are widely available from a variety of sources, including their home medicine cabinets, and those of friends and relatives.

### **REDUCE AVOIDABLE, POISONINGS OF PETS & CHILDREN.**

Taking your drugs to a collection box is an easy way to keep medications away from kids and pets.

## **Drop Box Locations:**

**COBURG** (Mon-Fri 8-5) Police Dept. - 91136 N. Willamette St.

**COTTAGE GROVE** (24 hrs) Police Dept. - 400 E. Main St.

### **EUGENE**

**POLICE DEPT** (24 hrs) - 300 Country Club Rd.

**SHERIFF'S OFFICE** (Mon-Fri 8-5) - 125 E. 8th Ave.

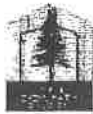
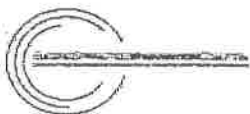
**FLORENCE** (Mon-Fri 8-5) Police Dept. - 900 Greenwood St.

**JUNCTION CITY** (24 hrs) Police Dept. - 672 Greenwood St.

**OAKRIDGE** (24 hrs) Police Dept. - 76435 Ash St.

**SPRINGFIELD** (Mon-Fri 8-5) Justice Center - 230 4th St.

For more information, visit [www.preventionlane.org](http://www.preventionlane.org)

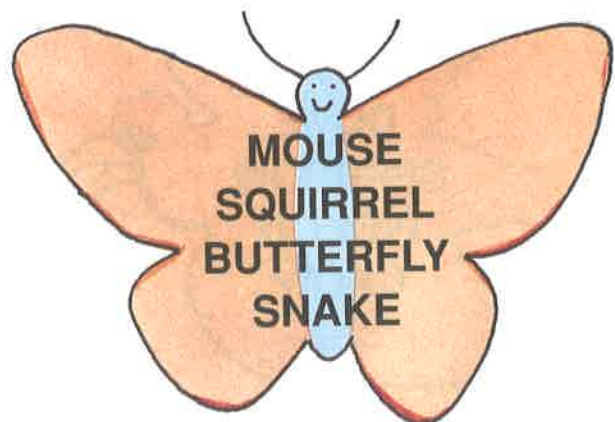
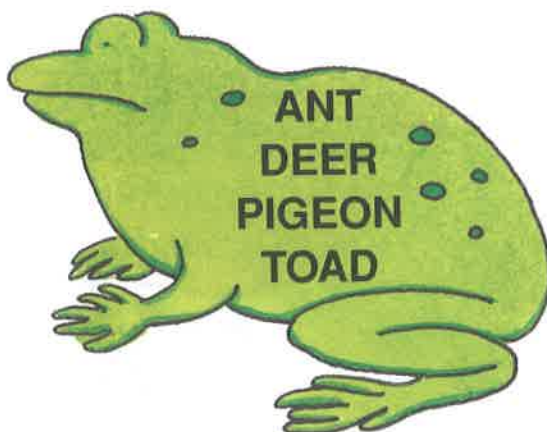


**preventionlane**  
of Lane County Public Health

# OUTSIDE YOUR DOOR

Some of the animals in the list below can be seen near your home. Find and circle the animals in the puzzle. The words can be in any of these directions:  $\xrightarrow{\text{cat}}$   $\xleftarrow{\text{tac}}$   $\begin{smallmatrix} \uparrow \text{t} \\ \text{a} \\ \downarrow \text{c} \end{smallmatrix}$   $\begin{smallmatrix} \text{c} \\ \downarrow \text{a} \\ \text{t} \end{smallmatrix}$   $\nearrow \text{cat}$   $\searrow \text{cat}$

B	U	T	T	T	E	R	A	B	B	I	T
P	R	E	N	S	Q	U	I	R	R	E	L
E	E	A	Q	S	N	G	U	D	B	F	O
I	K	P	I	G	E	O	N	Q	E	R	W
O	A	C	B	U	T	T	D	S	L	E	O
G	N	I	E	T	O	A	D	F	T	A	R
N	S	E	S	U	O	M	Q	U	L	D	M
B	U	T	T	E	R	F	L	Y	E	E	B



Two more neighborhood animals are in the puzzle. They are hidden in either of these directions:  $\xrightarrow{\text{cat}}$   $\begin{smallmatrix} \text{c} \\ \downarrow \text{a} \\ \text{t} \end{smallmatrix}$ .  
Can you find them?



**Hey There!**

**What do you think of the newsletter? Have an idea for the next issue? Let us know your thoughts! Contact Frankie at 541-682-2538**

## **Opportunity SPOTLIGHT**

### **The Family Self Sufficiency Program**

HOMES FOR GOOD HOUSING AGENCY'S  
**FAMILY  
SELF-SUFFICIENCY  
PROGRAM**



**(FSS)** is a program offered by Homes for Good to help participants of our Section 8 and Public Housing programs get support, set goals, save money and work towards greater economic self-sufficiency. Participants can be in the program for up to five years and work with a coordinator to make big and small changes in their lives. Participants receive access to a life coach, connections to local

resources, ability to build savings in a tax free escrow account and access to matched savings through our IDA programs. ***Stability and self-sufficiency are within reach!***

#### **For more information contact:**

Emily Yates, 541-682-2541 or e mail  
at [eyates@homesforgood.org](mailto:eyates@homesforgood.org)

#### **Public Housing Front Desk**

541-682-4090

#### **Property Manager**

Ron Glover 541-682-2616

[rglover@homesforgood.org](mailto:rglover@homesforgood.org)

#### **Assistant Property Manager (Se habla Español)**

Gloria Estrada 541-682-3834

[gestrada@homesforgood.org](mailto:gestrada@homesforgood.org)

#### **Site Maintenance**

Michael Rechel 541-682-3765

#### **Resident Aide**

Bryan Bartlett 541-525-1362

#### **Property Management Division Director**

Darlene Kelly 541-682-2599

[dkelly@homesforgood.org](mailto:dkelly@homesforgood.org)

Work Order Line 541-682-4010

#### **After Hours Emergency:**

541-359-8874

#### **Resident Services Manager**

Wakan Alferes 541-682-2508

[walferes@homesforgood.org](mailto:walferes@homesforgood.org)

#### **Resident Services Assistant (Se habla Español)**

Frankie LeeJohnson 541-682-2538

[fleejohnson@homesforgood.org](mailto:fleejohnson@homesforgood.org)

#### **FSS Information**

Suzanne Gatch 541-682-2548

[sgatch@homesforgood.org](mailto:sgatch@homesforgood.org)

#### **Member, Board of Commissioners**

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[thurston.mn@gmail.com](mailto:thurston.mn@gmail.com)

Char Reavis 541-682-3410

[charreavis@charter.net](mailto:charreavis@charter.net)